

## Managing Market Volatility & Uncertainty

**PFS Advisory Team** 

May 25, 2023



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## Key Themes on the Minds of Investors

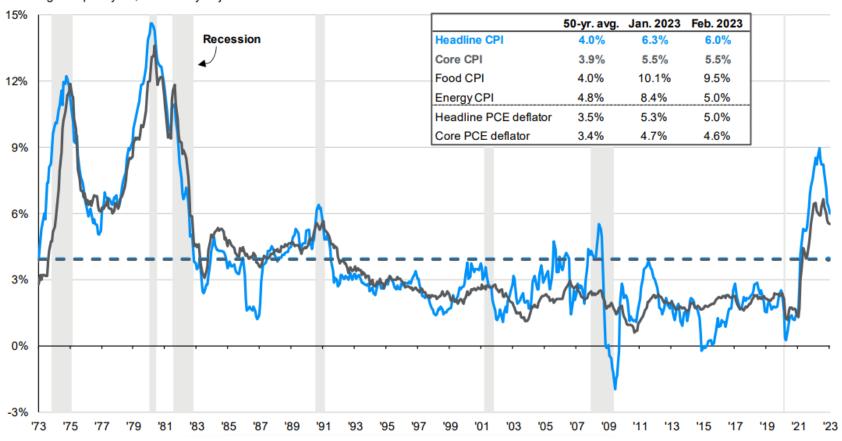
- Inflation
- Fed tightening and interest rates
- Recession?
- Principles for long-term success of investing
- Positive trends and tailwinds
- Portfolio implications and positioning

## Inflation

## Inflation Is Trending Down From Its Peak

#### **CPI and core CPI**

% change vs. prior year, seasonally adjusted



Source: BLS, FactSet, J.P. Morgan Asset Management, as of March 31, 2023

## Inflation Heatmap Improves

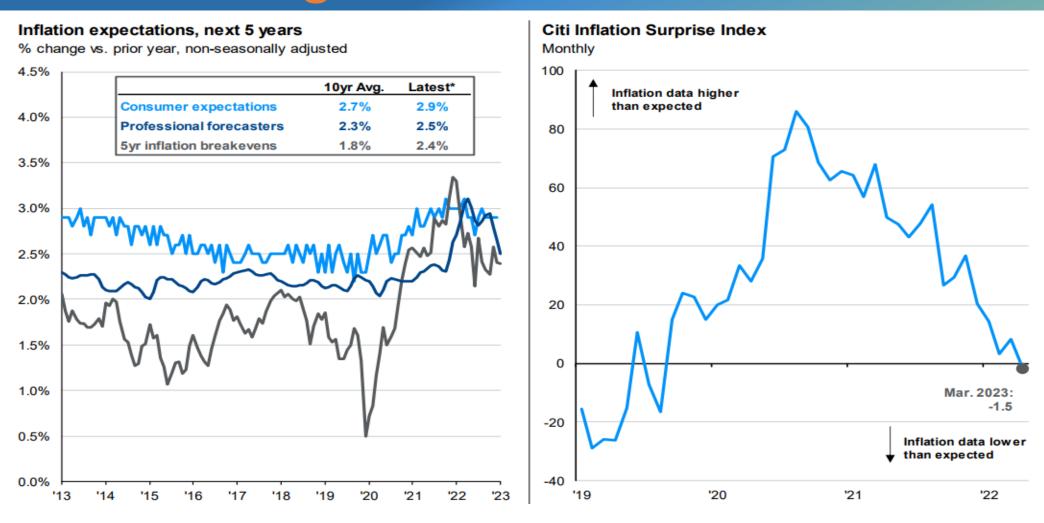
#### **Consumer Price Index, components**

m/m % change, seasonally adjusted

		2021						2022								2023									
	Weight	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb
Headline CPI, y/y	100.0	2.6%	4.1%	4.9%	5.3%	5.2%	5.2%	5.4%	6.2%	6.9%	7.2%	7.6%	8.0%	8.5%	8.2%	8.5%	8.9%	8.4%	8.2%	8.2%	7.8%	7.1%	6.4%	6.3%	6.0%
Core CPI, y/y	79.5	1.7%	3.0%	3.8%	4.4%	4.2%	3.9%	4.0%	4.6%	5.0%	5.5%	6.1%	6.4%	6.5%	6.1%	6.0%	5.9%	5.9%	6.3%	6.6%	6.3%	6.0%	5.7%	5.5%	5.5%
Core svcs. ex-housing PCE, y/y*	-	2.9%	4.3%	4.3%	4.2%	4.4%	4.4%	4.3%	4.4%	5.0%	5.0%	4.9%	4.8%	4.7%	4.5%	4.5%	4.6%	4.0%	4.2%	4.5%	4.7%	4.4%	4.3%	4.7%	4.7%
Headline CPI, m/m	100.0	0.5%	0.7%	0.7%	0.8%	0.4%	0.4%	0.4%	0.9%	0.8%	0.8%	0.6%	0.7%	1.0%	0.4%	0.9%	1.2%	0.0%	0.2%	0.4%	0.5%	0.2%	0.1%	0.5%	0.4%
Core CPI, m/m	79.5	0.3%	0.8%	0.7%	0.7%	0.3%	0.2%	0.3%	0.7%	0.6%	0.7%	0.6%	0.5%	0.3%	0.5%	0.6%	0.6%	0.3%	0.6%	0.6%	0.3%	0.3%	0.4%	0.4%	0.5%
Core svcs. ex-housing PCE, m/m*	-	0.6%	0.5%	0.4%	0.4%	0.5%	0.3%	0.2%	0.2%	0.6%	0.5%	0.2%	0.3%	0.5%	0.3%	0.3%	0.6%	-0.1%	0.5%	0.5%	0.4%	0.3%	0.4%	0.5%	0.3%
Energy	6.9	3.5%	0.2%	0.3%	1.5%	1.7%	2.8%	1.5%	3.6%	2.6%	2.4%	0.8%	2.7%	8.2%	-1.0%	3.4%	6.9%	-4.7%	-3.9%	-1.7%	1.7%	-1.4%	-3.1%	2.0%	-0.6%
Gasoline	3.2	6.3%	-0.6%	-0.1%	2.5%	2.5%	4.5%	1.5%	4.1%	4.2%	3.8%	-0.3%	4.7%	13.2%	-3.1%	3.2%	10.3%	-8.1%	-8.4%	-4.2%	3.4%	-2.3%	-7.0%	2.4%	1.0%
Electricity	2.5	-0.1%	0.9%	0.4%	0.0%	0.2%	0.7%	1.0%	1.6%	0.7%	0.9%	2.7%	-0.3%	1.7%	0.9%	1.3%	1.5%	1.5%	1.2%	0.8%	0.5%	0.5%	1.3%	0.5%	0.5%
Utility Gas	0.9	2.4%	1.6%	1.1%	1.2%	2.0%	1.6%	2.2%	6.7%	0.5%	0.1%	0.5%	2.0%	0.6%	2.5%	7.2%	7.5%	-3.8%	3.5%	2.2%	-3.7%	-3.4%	3.5%	6.7%	-8.0%
Food	13.5	0.1%	0.3%	0.4%	0.7%	0.6%	0.4%	0.9%	0.9%	0.8%	0.6%	0.8%	1.0%	0.9%	0.8%	1.1%	1.0%	1.1%	0.8%	0.8%	0.7%	0.6%	0.4%	0.5%	0.4%
Food at home	8.7	0.1%	0.3%	0.3%	0.8%	0.5%	0.4%	1.2%	1.0%	1.0%	0.6%	0.9%	1.3%	1.3%	0.9%	1.3%	1.0%	1.3%	0.8%	0.7%	0.5%	0.6%	0.5%	0.4%	0.3%
Food away from home	4.8	0.1%	0.3%	0.6%	0.7%	0.8%	0.4%	0.5%	0.8%	0.6%	0.6%	0.7%	0.4%	0.3%	0.6%	0.7%	0.9%	0.7%	0.9%	0.9%	0.9%	0.5%	0.4%	0.6%	0.6%
Core goods	21.4	0.1%	1.9%	1.7%	1.9%	0.3%	0.3%	0.3%	1.3%	1.1%	1.4%	0.9%	0.3%	-0.4%	0.1%	0.6%	0.6%	0.1%	0.4%	0.0%	-0.1%	-0.2%	-0.1%	0.1%	0.0%
Apparel	2.5	0.1%	1.0%	0.8%	0.6%	0.0%	0.3%	-0.5%	1.0%	0.7%	0.9%	0.7%	0.6%	0.3%	-0.1%	0.4%	0.7%	-0.1%	0.3%	0.0%	-0.2%	0.1%	0.2%	0.8%	0.8%
New vehicles	4.3	0.0%	-0.1%	1.1%	1.6%	1.4%	1.2%	1.3%	1.5%	1.6%	1.8%	0.3%	0.1%	0.1%	0.4%	0.6%	0.5%	0.5%	0.8%	0.7%	0.6%	0.5%	0.6%	0.2%	0.2%
Used cars	2.7	0.6%	9.6%	7.7%	9.1%	-0.4%	-1.3%	-0.5%	3.1%	3.2%	3.9%	1.4%	-0.6%	-3.6%	-0.7%	1.9%	0.5%	-0.8%	-0.2%	-1.1%	-1.7%	-2.0%	-2.0%	-1.9%	-2.8%
Medical care commod	1.5	0.1%	0.6%	0.0%	-0.4%	0.2%	-0.2%	0.3%	0.6%	0.1%	0.0%	0.9%	0.3%	0.2%	0.1%	0.3%	0.4%	0.6%	0.2%	-0.1%	0.0%	0.2%	0.1%	1.1%	0.1%
Core services	58.2	0.3%	0.4%	0.4%	0.3%	0.3%	0.1%	0.2%	0.4%	0.4%	0.4%	0.4%	0.5%	0.6%	0.6%	0.6%	0.6%	0.4%	0.6%	0.8%	0.5%	0.5%	0.6%	0.5%	0.6%
Shelter	34.4	0.3%	0.4%	0.3%	0.4%	0.5%	0.2%	0.4%	0.4%	0.5%	0.4%	0.3%	0.6%	0.5%	0.5%	0.6%	0.6%	0.6%	0.7%	0.7%	0.7%	0.6%	0.8%	0.7%	0.8%
Rent of primary res.	7.5	0.2%	0.2%	0.2%	0.2%	0.2%	0.3%	0.4%	0.4%	0.4%	0.4%	0.5%	0.6%	0.4%	0.6%	0.6%	0.8%	0.7%	0.7%	0.8%	0.7%	0.8%	0.8%	0.7%	0.8%
OER	25.4	0.2%	0.2%	0.3%	0.3%	0.3%	0.3%	0.4%	0.4%	0.4%	0.4%	0.5%	0.5%	0.5%	0.5%	0.6%	0.7%	0.6%	0.7%	0.8%	0.6%	0.7%	0.8%	0.7%	0.7%
Medical care services	6.7	0.1%	0.0%	-0.1%	-0.1%	0.1%	0.2%	0.0%	0.6%	0.5%	0.5%	0.5%	0.1%	0.6%	0.5%	0.4%	0.7%	0.4%	0.7%	0.8%	-0.4%	-0.5%	0.3%	-0.7%	-0.7%
Transportation services	5.8	1.1%	1.3%	1.9%	0.9%	-0.8%	-0.7%	-0.9%	0.0%	1.2%	0.5%	0.7%	1.1%	2.1%	2.2%	1.6%	1.8%	-0.4%	1.0%	1.9%	0.6%	0.3%	0.6%	0.9%	1.1%

Source: BLS, FactSet, J.P. Morgan Asset Management, as of March 31, 2023

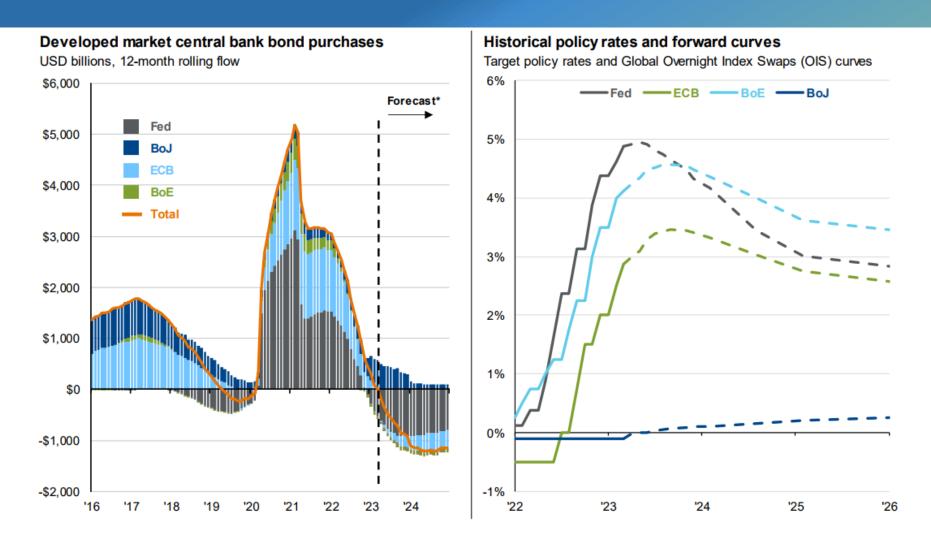
# Inflation Expectations Align With Long Term Average



Source: Bureau of Labor Statistics, Citi, FactSet, Federal Reserve Bank of Philadelphia, University of Michigan, J.P. Morgan Asset Management, as of March 31, 2023

## Fed and Interest Rate

## Fed and Interest Rate

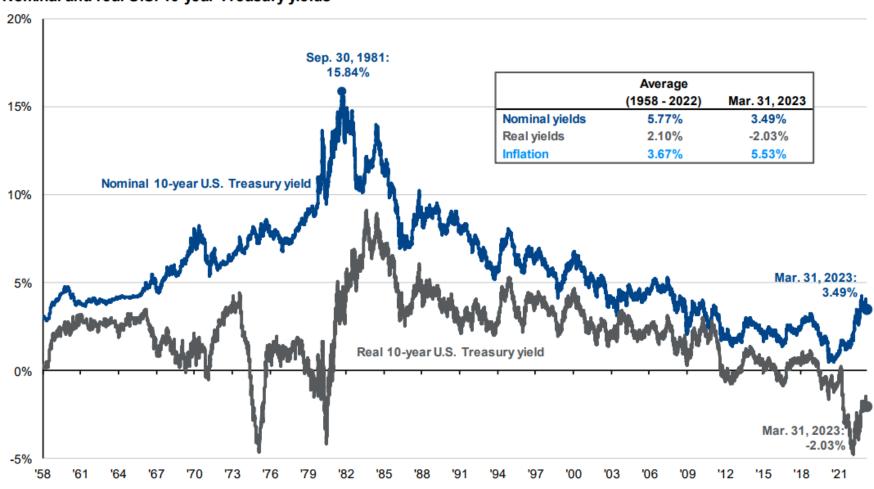


Source: BIS, Bloomberg, FactSet, J.P. Morgan Asset Management, as of March 31, 2023

## Nominal and Real Interest Rate

#### Nominal rate = Real Rate + Inflation

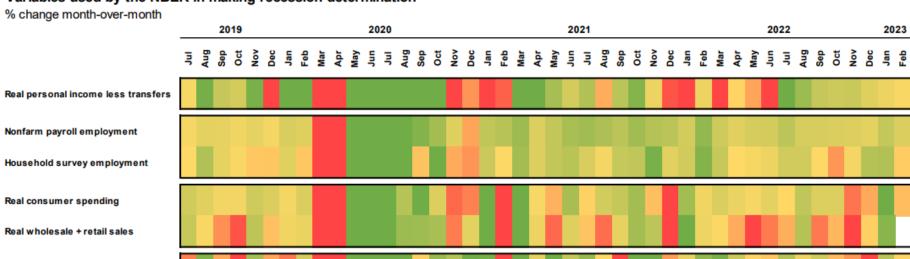
#### Nominal and real U.S. 10-year Treasury yields



## Recession?

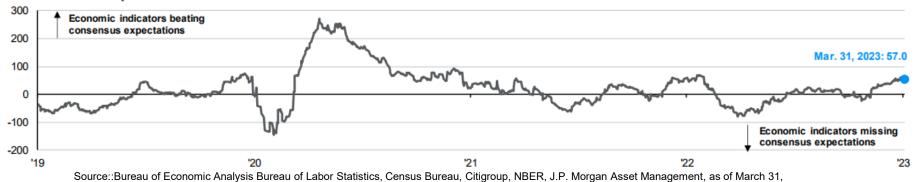
### Recession Determinants

#### Variables used by the NBER in making recession determination\*



#### Citi Economic Surprise Index

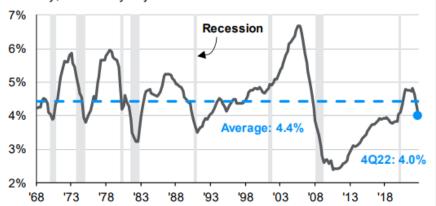
Industrial production



## A Potential US Recession Would Likely Be Shallow

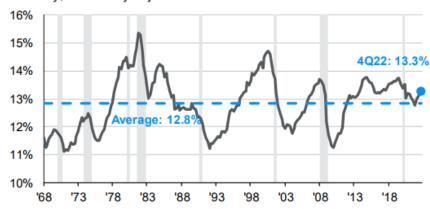


Quarterly, seasonally adjusted



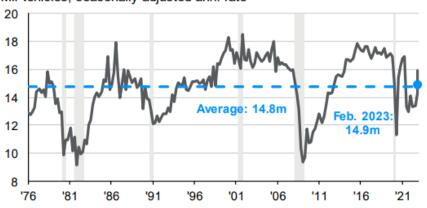
#### Business fixed investment as a % of GDP

Quarterly, seasonally adjusted



#### Light vehicle sales

Mil vehicles, seasonally adjusted ann. rate



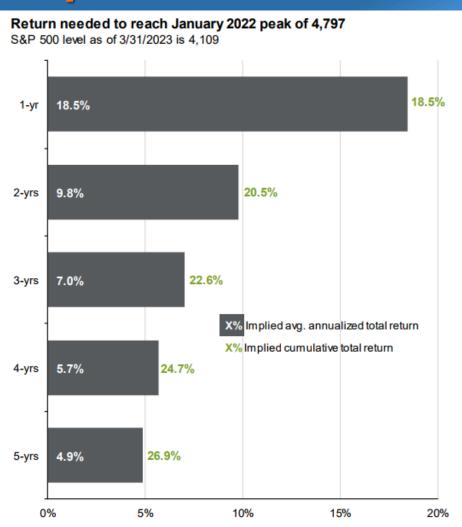
#### Total business inventory/sales ratio

Days of sales, monthly, seasonally adjusted



Source: BEA, Census Bureau, FactSet, J.P. Morgan Asset Management, as of March 31, 2023.

# Recessions Have Been Painful But Less Impactful Than Expansions



#### **Bull and bear markets**

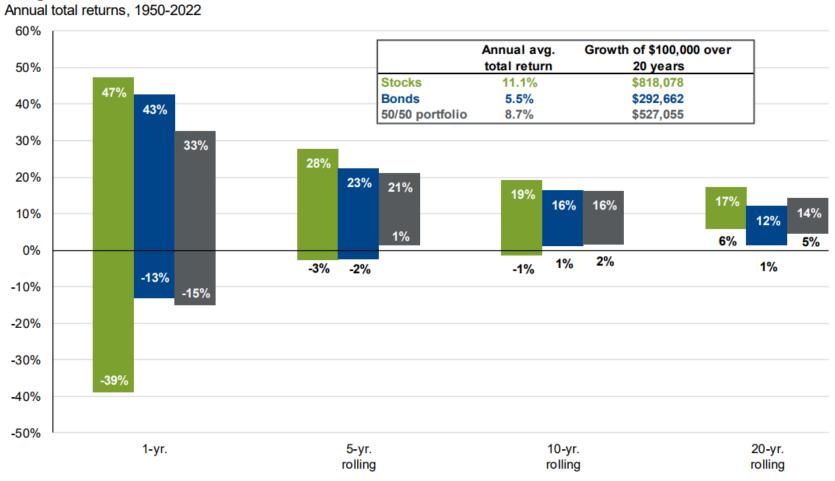
	Bull markets		Bear markets							
Bull begin date	Bull return	Duration (months)	Market peak	Bear return*	Duration (months)*					
Jul 1926	152%	37	Sep 1929	-86%	32					
Mar 1935	129%	23	Mar 1937	-60%	61					
Apr 1942	158%	49	May 1946	-30%	36					
Jun 1949	267%	85	Aug 1956	-22%	14					
Oct 1960	39%	13	Dec 1961	-28%	6					
Oct 1962	76%	39	Feb 1966	-22%	7					
Oct 1966	48%	25	Nov 1968	-36%	17					
May 1970	74%	31	Jan 1973	-48%	20					
Mar 1978	62%	32	Nov 1980	-27%	20					
Aug 1982	229%	60	Aug 1987	-34%	3					
Oct 1990	417%	113	Mar 2000	-49%	30					
Oct 2002	101%	60	Oct 2007	-57%	17					
Mar 2009	401%	131	Feb 2020	-34%	1					
Mar 2020	114%	21	Jan. 2022**	-25%	9					
Averages	162%	51	-	-41%	20					

Source: FactSet, NBER, Robert Shiller, Standard & Poor's, J.P. Morgan Asset Management., as of March 31, 2023.

# Principles for Successful Long-term Investing

### Market Returns Are More Predictable Over Time

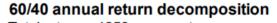
#### Range of stock, bond and blended total returns

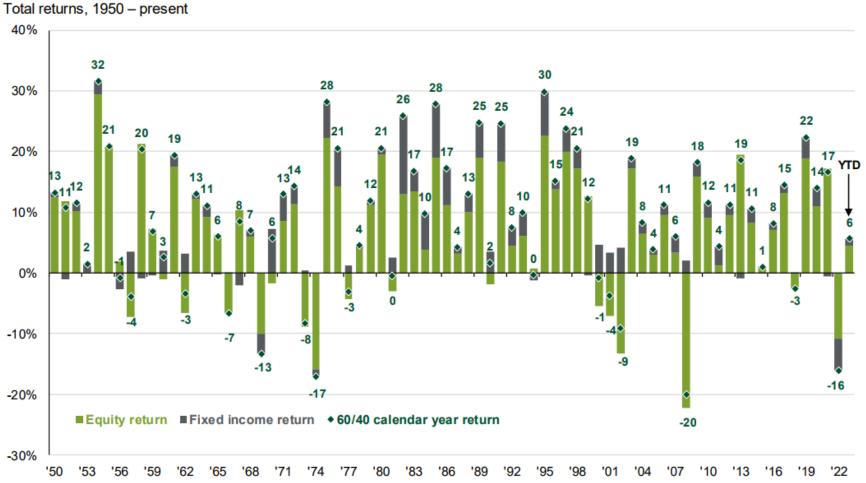


Source: Source: Bloomberg, FactSet, Federal Reserve, J.P. Morgan Asset Management, as of March 31, 2023.

### Balanced Portfolio Provides Positive Returns

#### ...82% of the time





Source: Bloomberg, FactSet, Ibbotson/Strategas, Robert Shiller, Standard & Poor's Yale University, J.P. Morgan Asset Management, as of March 31, 2023.

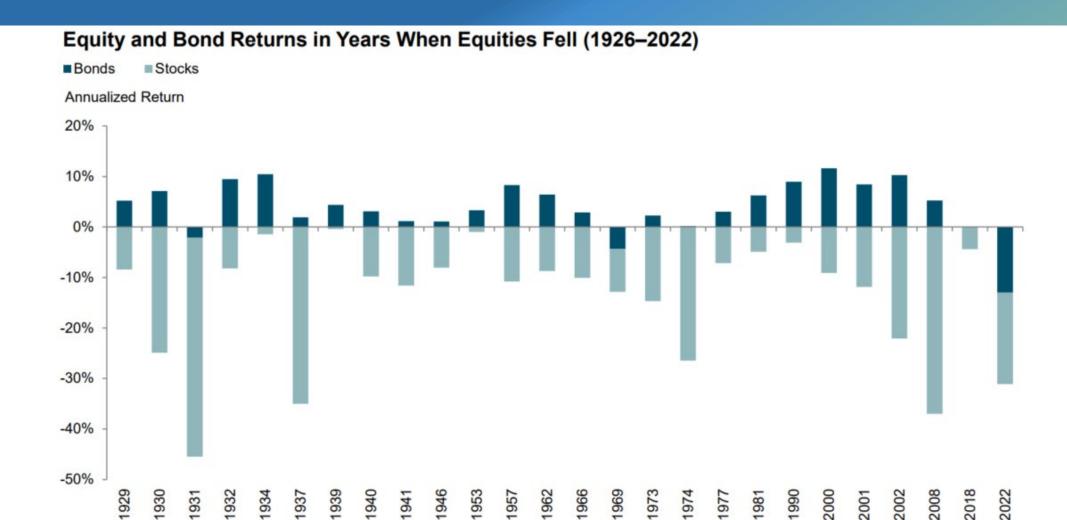
# Positive Trends and Tailwinds

## 2022 Was Painful But Necessary



Source: Ohio Society of CPAs, as of January 26, 2023.

## Bond as Shock Absorber

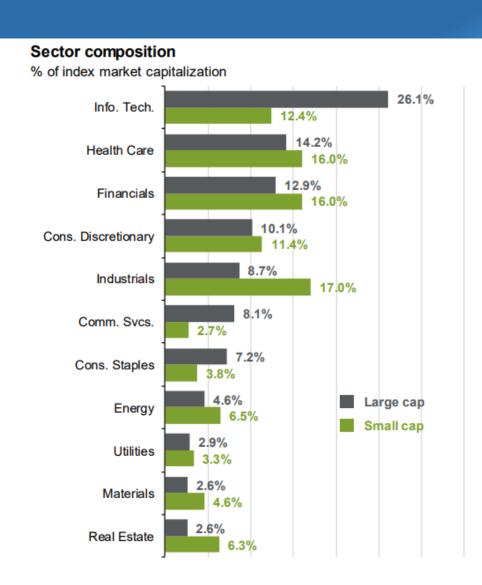


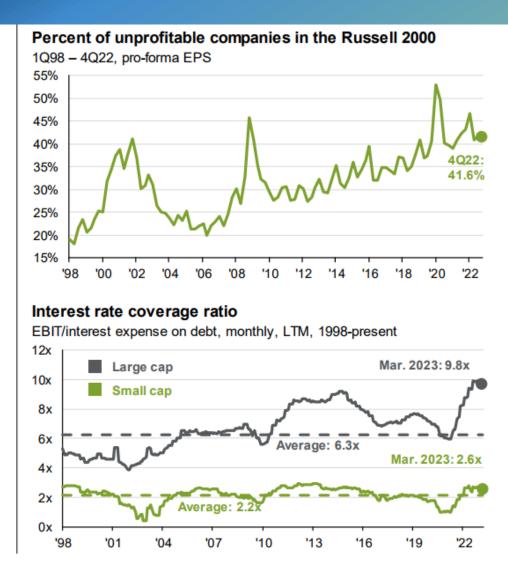
Source: Fidelity Investments (AART), Haver Analytics, as of March 31, 2023.

## Portfolio Implications and Positioning

- Large cap overweighting
- Quality focus
- CD rates and fixed income opportunities

## Favor Large Cap over Small Cap

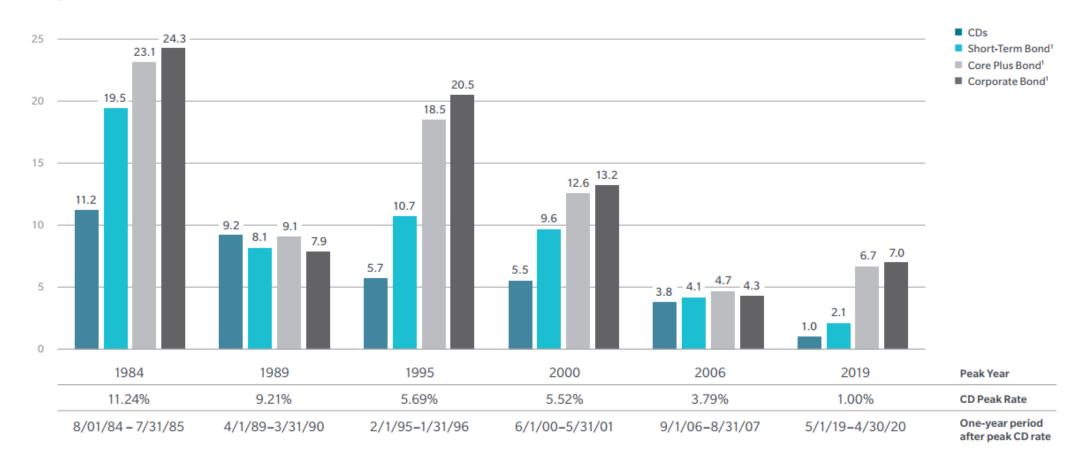




## CD Rates and Fixed Income Opportunities

#### Generally, investing in CDs at peak rates left money on the table

One-year subsequent total return from peak CD rate (%)



Source: CD rates from Bankrate.com, All other data from Morningstar Direct. MFS – as of March 31, 2023.

## Key Takeaways

- Fed is likely near the end of its rate-hiking campaign with inflation moderating from its peak.
- The likelihood of a recession decreased from last time we spoke; If we do enter a recession, it will likely be shallow.
- The market has been resilient. Being patient with your long-term investment strategy is the key for your financial success.
- US equities remain relatively attractive. Opportunities within fixed income have improved.

# Questions?

## Second Opinion Service

Call us at 440.740.0130 to schedule time to talk,

or email us at <a href="mailto:PFS@PlannedFinancial.com">PFS@PlannedFinancial.com</a>



# Thank you for joining us. Happy Spring!

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